

# PATHS AND CORE COMPETENCIES

The Toastmasters Pathways learning experience was developed around the five core competencies identified by the Board of Directors.

#### FIVE CORE COMPETENCIES

It is important to note that each members using Base Camp will have the opportunity to select from many electives to extend their learning. With the addition of electives, members have the flexibility to cover all core competencies within each path.



# **5 LEGACY PATHS**

The primary core competencies represented in each path are listed in order of emphasis next to the path name.





### Paths, Levels, and Electives EFFECTIVE COACHING



This path helps you build your skills as a positive communicator and leader. The projects on this path focus on understanding and building consensus, contributing to the development of others by coaching, and establishing strong public speaking skills. Each project emphasizes the importance of effective interpersonal communication. This path culminates in a "High Performance Leadership" project of your design.

Five Levels			
1	Mastering Fundamentals • Ice Breaker • Writing a Speech with Purpose • Introduction to Vocal Variety and Body Language • Evaluation and Feedback		
2	Learning Your Style <ul> <li>Understanding Your Leadership Style</li> <li>Understanding Your Communication Style</li> <li>Introduction to Toastmasters Mentoring</li> </ul>		
3	Increasing Knowledge • Reaching Consensus	Level 3 Elective Projects (choose 2) Deliver Social Speeches Using Presentation Software Connect with Storytelling Creating Effective Visual Aids Using Descriptive Language Connect with Your Audience Make Connections Through Networking	<ul> <li>Focus on the Positive</li> <li>Inspire Your Audience</li> <li>Prepare for an Interview</li> <li>Understanding Vocal Variety</li> <li>Effective Body Language</li> <li>Active Listening</li> <li>Know Your Sense of Humor</li> <li>Researching and Presenting</li> </ul>
4	<b>Building Skills</b> <ul> <li>Improvement Through Positive</li> <li>Coaching</li> </ul>	<ul> <li>Level 4 Elective</li> <li>Projects (choose 1)</li> <li>Create a Podcast</li> <li>Building a Social Media Presence</li> <li>Managing a Difficult Audience</li> </ul>	<ul> <li>Write a Compelling Blog</li> <li>Manage Online Meetings</li> <li>Question-and-Answer Session</li> <li>Public Relations Strategies</li> <li>Manage Projects Successfully</li> </ul>
5	Demonstrating Expertise • High Performance Leadership Path Completion • Reflect on Your Path	Level 5 Elective Projects (choose 1) • Lessons Learned • Moderate a Panel Discussion • Ethical Leadership	<ul> <li>Leading in Your Volunteer Organization</li> <li>Prepare to Speak Professionally</li> </ul>



# Paths, Levels, and Electives INNOVATIVE PLANNING



This path helps you build your skills as a public speaker and leader. The projects on this path focus on developing a strong connection with audience members when you present, speech writing, and speech delivery. The projects contribute to building an understanding of the steps to manage a project, as well as creating innovative solutions. This path culminates in a "High Performance Leadership" project of your design.

Five Levels			
1	Mastering Fundamentals • Ice Breaker • Writing a Speech with Purpose • Introduction to Vocal Variety and Body Language • Evaluation and Feedback		
2	Learning Your Style <ul> <li>Understanding Your Leadership Style</li> <li>Connect with Your Audience</li> <li>Introduction to Toastmasters Mentoring</li> </ul>		
3	Increasing Knowledge • Present a Proposal	Level 3 Elective Projects (choose 2) Deliver Social Speeches Using Presentation Software Connect with Storytelling Creating Effective Visual Aids Using Descriptive Language Make Connections Through Networking	<ul> <li>Focus on the Positive</li> <li>Inspire Your Audience</li> <li>Prepare for an Interview</li> <li>Understanding Vocal Variety</li> <li>Effective Body Language</li> <li>Active Listening</li> <li>Know Your Sense of Humor</li> <li>Researching and Presenting</li> </ul>
4=	<b>Building Skills</b> <ul> <li>Manage Projects Successfully</li> </ul>	Level 4 Elective Projects (choose 1) • Create a Podcast • Building a Social Media Presence • Managing a Difficult Audience	<ul> <li>Write a Compelling Blog</li> <li>Manage Online Meetings</li> <li>Question-and-Answer Session</li> <li>Public Relations Strategies</li> </ul>
5	Demonstrating Expertise • High Performance Leadership Path Completion • Reflect on Your Path	Level 5 Elective Projects (choose 1) • Lessons Learned • Moderate a Panel Discussion • Ethical Leadership	<ul> <li>Leading in Your Volunteer Organization</li> <li>Prepare to Speak Professionally</li> </ul>



### Paths, Levels, and Electives LEADERSHIP DEVELOPMENT



This path helps you build your skills as an effective communicator and leader. The projects on this path focus on learning how to manage time, as well as how to develop and implement a plan. Public speaking and leading a team are emphasized in all projects. This path culminates in the planning and execution of an event that will allow you to apply everything you learned.

Five Levels			
1	Mastering Fundamentals • Ice Breaker • Writing a Speech with Purpose • Introduction to Vocal Variety and Body Language • Evaluation and Feedback		
2	Learning Your Style • Managing Time • Understanding Your Leadership Style • Introduction to Toastmasters Mentoring		
3	Increasing Knowledge • Planning and Implementing	Level 3 Elective Projects (choose 2) • Deliver Social Speeches • Using Presentation Software • Connect with Storytelling • Creating Effective Visual Aids • Using Descriptive Language • Connect with Your Audience • Make Connections Through Networking	<ul> <li>Focus on the Positive</li> <li>Inspire Your Audience</li> <li>Prepare for an Interview</li> <li>Understanding Vocal Variety</li> <li>Effective Body Language</li> <li>Active Listening</li> <li>Know Your Sense of Humor</li> <li>Researching and Presenting</li> </ul>
4=	Building Skills <ul> <li>Leading Your Team</li> </ul>	Level 4 Elective Projects (choose 1) • Create a Podcast • Building a Social Media Presence • Managing a Difficult Audience	<ul> <li>Write a Compelling Blog</li> <li>Manage Online Meetings</li> <li>Question-and-Answer Session</li> <li>Public Relations Strategies</li> <li>Manage Projects Successfully</li> </ul>
5	Demonstrating Expertise • Manage Successful Events Path Completion • Reflect on Your Path	Level 5 Elective Projects (choose 1) • Lessons Learned • Moderate a Panel Discussion • Ethical Leadership • High Performance Leadership	<ul> <li>Leading in Your Volunteer Organization</li> <li>Prepare to Speak Professionally</li> </ul>



### Paths, Levels, and Electives STRATEGIC RELATIONSHIPS



This path helps you build your skills as a leader in communication. The projects on this path focus on understanding diversity, building personal and/or professional connections with a variety of people, and developing a public relations strategy. Communicating well interpersonally and as a public speaker is emphasized in each project. The path culminates in a project to apply your skills as a leader in a volunteer organization.

Five Levels			
1	Mastering Fundamentals • Ice Breaker • Writing a Speech with Purpose • Introduction to Vocal Variety and Body Language • Evaluation and Feedback		
2	<ul> <li>Learning Your Style</li> <li>Understanding Your Leadership Style</li> <li>Active Listening</li> <li>Introduction to Toastmasters Mentoring</li> </ul>		
3	Increasing Knowledge • Make Connections Through Networking	Level 3 Elective Projects (choose 2) • Deliver Social Speeches • Using Presentation Software • Connect with Storytelling • Creating Effective Visual Aids • Using Descriptive Language • Connect with Your Audience	<ul> <li>Focus on the Positive</li> <li>Inspire Your Audience</li> <li>Prepare for an Interview</li> <li>Understanding Vocal Variety</li> <li>Effective Body Language</li> <li>Know Your Sense of Humor</li> <li>Researching and Presenting</li> </ul>
4	<b>Building Skills</b> <ul> <li>Public Relations Strategies</li> </ul>	Level 4 Elective Projects (choose 1) • Create a Podcast • Building a Social Media Presence • Managing a Difficult Audience	<ul> <li>Write a Compelling Blog</li> <li>Manage Online Meetings</li> <li>Question-and-Answer Session</li> <li>Manage Projects Successfully</li> </ul>
5	<ul> <li>Demonstrating Expertise</li> <li>Leading in Your Volunteer Organization</li> <li>Path Completion         <ul> <li>Reflect on Your Path</li> </ul> </li> </ul>	Level 5 Elective Projects (choose 1) • Lessons Learned • Moderate a Panel Discussion • Ethical Leadership	<ul> <li>High Performance Leadership</li> <li>Prepare to Speak Professionally</li> </ul>



### Paths, Levels, and Electives TEAM COLLABORATION



This path helps you build your skills as a collaborative leader. The projects on this path focus on active listening, motivating others, and collaborating with a team. Each project contributes to building interpersonal communication and public speaking skills. This path culminates in a project focused on applying your leadership skills.

Five Levels			
1	Mastering Fundamentals • Ice Breaker • Writing a Speech with Purpose • Introduction to Vocal Variety and Body Language • Evaluation and Feedback		
2	<ul> <li>Learning Your Style</li> <li>Understanding Your Leadership Style</li> <li>Active Listening</li> <li>Introduction to Toastmasters Mentoring</li> </ul>		
3	Increasing Knowledge • Successful Collaboration	Level 3 Elective Projects (choose 2) Deliver Social Speeches Using Presentation Software Connect with Storytelling Creating Effective Visual Aids Using Descriptive Language Connect with Your Audience Make Connections Through Networking	<ul> <li>Focus on the Positive</li> <li>Inspire Your Audience</li> <li>Prepare for an Interview</li> <li>Understanding Vocal Variety</li> <li>Effective Body Language</li> <li>Know Your Sense of Humor</li> <li>Researching and Presenting</li> </ul>
4=	Building Skills <ul> <li>Motivate Others</li> </ul>	Level 4 Elective Projects (choose 1) • Create a Podcast • Building a Social Media Presence • Managing a Difficult Audience	<ul> <li>Write a Compelling Blog</li> <li>Manage Online Meetings</li> <li>Question-and-Answer Session</li> <li>Public Relations Strategies</li> <li>Manage Projects Successfully</li> </ul>
5	Demonstrating Expertise • Lead in Any Situation Path Completion • Reflect on Your Path	Level 5 Elective Projects (choose 1) • Lessons Learned • Moderate a Panel Discussion • Ethical Leadership • High Performance Leadership	<ul> <li>Leading in Your Volunteer Organization</li> <li>Prepare to Speak Professionally</li> </ul>