

# CALGARY PACE SETTERS TOASTMASTERS Club #8170

## The TOAST Role

### **Role Description:**

The Toast role is designed to celebrate someone (supportive members, friendly audience, mentors, family, leaders, etc) or something (friendship, open communication, constructive feedback, diversity of our club, inclusivity, etc). When absent, the Toastmaster takes on this role.

### **Before the Meeting:**

- Prepare the toast: a short statement to express your good wishes towards someone or something.
- Keep it to the point; include humor, yet avoid embarrassing anecdotes.
- Rehearse the toast and practice projecting your voice.

### At the Meeting:

- Deliver the toast when called upon by the Chairperson.
- At the end of the toast, invite the audience to raise their glasses "To .....(your chosen topic)" and add "And to the King!"

TOAST:	