



START YOUR JOURNEY
TO BE A CONFIDENT COMMUNICATOR & LEADER

**CALGARY PACE SETTERS
TOASTMASTERS CLUB**

ABOUT US



Calgary Pace Setters Toastmasters is part of a worldwide nonprofit organization dedicated to helping people improve their public speaking and leadership skills. With clubs in more than 140 countries, Toastmasters has been supporting members since 1924 in becoming more confident communicators and leaders. Our club carries on that mission here in Calgary by providing a welcoming and supportive space where people can practice, learn, and grow at their own pace.

WHAT DO WE DO?

- We meet every Tuesday evening from 7:15 pm to 9:00 pm.
- Members practice delivering prepared as well as impromptu speeches and receive feedback.

280,000

MEMBERS AROUND THE GLOBE

We provide a consistent club meeting experience that focuses on building your public speaking & leadership skills.

THE CLUB MEETING

Our Club meeting is split into 3 parts.

1 PREPARED SPEECHES: In this segment, club members prepare and deliver 5 to 7 minute speeches derived from the Pathways Education Program. Delivering speeches counts as credits towards the Education program.



2 IMPROMPTU SPEECHES: In this segment, club members and guests attempt speaking off-the-cuff on any topic that is presented by the "Table Topics Master". Speeches are for 1 to 2 minutes. Impromptu speaking improves our critical thinking skills.



3 FEEDBACK: This is the critical part of any Toastmaster meeting. Speakers and role players are provided feedback on how well they performed, and offer areas of improvement. Continuous feedback and learning is the heart of the Toastmaster journey.



PATHWAYS

EDUCATION PROGRAM

The Pathways learning experience is Toastmasters' education program. This multi-language online learning tool allows you to leverage over 300 practical workplace skills, including:



PUBLIC SPEAKING

Overcome the fear of speaking in front of a large gathering. Create an impact during your speech.



TEAMWORK

Learn to organize and complete projects as a team and conduct effective events.



LEADERSHIP

Build leadership skills by taking up a leadership position in the club, and beyond.



TIME MANAGEMENT

Improve your time management skills by taking up roles in a meeting (Timer, master of ceremonies etc.)

OUR TEAM



VESNA IVKOVIC, DTM
Club President



JOVANA IVKOVIC
Vice-President Education



DAN KOSTKA
Vice-President Membership



LEENA ALEX
Vice-President Public Relations



VERONIKA PRIBYTOVA
Treasurer



OSE EDMWONYI
Secretary



SAYOKO TAMBUNGCO
Sergeant-At-Arms

**CALL/TEXT
403-681-2819**

OUR SOCIAL MEDIA CHANNELS

We are active on multiple social media channels. Check us out!



Facebook

[Calgary Pace Setters Toastmasters Club](#)

Join our Facebook page to get all the updates, news, and keep up with upcoming events and meetings.



LinkedIn

[Calgary Pace Setters Toastmasters Club](#)

You will find useful content on public speaking and leadership on our LinkedIn page, along with details of our upcoming meetings and special events.



Instagram

[Calgary Pace Setters](#)

This is where we showcase our club members and their achievements to our followers.



YouTube

[Calgary Pace Setters Club](#)

We regularly upload our club meeting highlights, educational workshops, and Toastmasters related training videos on our YouTube channel.

READY TO JOIN?

Reach out to our Vice President Membership and fill out the [Application Form](#).

Our monthly fee is just CAN \$25, plus a one-time registration fee of CAD \$35.

You get access to the best education content on public speaking and leadership building skills; plus a club of experienced Toastmasters who are committed to supporting you every step of the way.



**CALL/TEXT 403-681-2819
OR SCAN QR CODE**