

CALGARY PACE SETTERS CLUB

Club #8170 - Area 23 - Division D - District 42



CALGARY PACE SETTERS TOASTMASTERS CLUB

The CLUB for you!

WHERE LEADERS ARE MADE

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- Completed Pathways Levels
- New Executive Members
- Important Message
- Quick Tips

TOASTMASTERS NEWSLETTER

September 2023



Alisen Dopf

PRESIDENT'S MESSAGE

Welcome back **Calgary Pace Setters!** We have an exciting year of growth and development planned for **YOU**, our club members. The Pace Setters is a very healthy club, with a great mix of new, intermediate and advanced members.

One of the things our members like best about the Pace Setters is how **encouraging** we are. This is on purpose because we want to see ALL our members thrive and succeed. To that end, we are thinking up new and fun ways to increase our training. As an Executive Team, we want to encourage as much interactive learning as possible – to show and experience, as opposed to being told.

Our first meeting on September 12th is a prime example with our **Introduction Workshop**. This serves two goals:

1. It's an opportunity to reconnect with each other after a long summer.
2. Everyone will hone their Introduction skills.

What we need from you is **participation!** Toastmasters is a system, and it is a system that works extremely well. It essentially has two parts – taking on the meeting roles, and giving speeches. Both are equally important. Our Mentors and Executive Team are here to help you succeed. We love nothing more than to see our members sign up for roles, and to give speeches.

I want to thank our Executive for stepping up and taking on this extra responsibility. Not only did we have **all the Officers trained in record time**, but our club has been acknowledged by the District for this feat. Taking on an Executive Role is one more opportunity for our club members to learn, grow and be successful. I've never worked with a more passionate and competent group.

As your President, I know that I might not be familiar to everyone in the club. Last year, I was the District 42 Contest Chair, and that took a lot of my time away from our club. I am dedicated to giving the Calgary Pace Setters as much time and energy that I gave to the Contest Chair role. To serve the club as President is an honour, and one that I take very seriously. I look forward to seeing you all on **September 12th**.

It's going to be a fun and interactive evening, and I trust everyone will come away with new skills.



CLUB MEETINGS

TUESDAYS,

7:15 pm - 9:00 pm (MDT)

FOLLOW OUR SOCIAL MEDIA



CLUB MISSION

We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.

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CLUB OFFICERS

2023 - 2024

- PRESIDENT** - Alisen Dopf
- VP EDUCATION** - Tzonka Bouklieva
- VP MEMBERSHIP** - Twila Tayfel
- VP PUBLIC RELATIONS** - Vesna Ivkovic
- SECRETARY** - Patrick Chagonda
- TREASURER** - Veronika Pribytova
- SERGEANT AT ARMS** - Paul Dixon
- IMMEDIATE PAST PRESIDENT** - Jovana Ivkovic
- MENTORSHIP COORDINATOR** - Alex Campbell

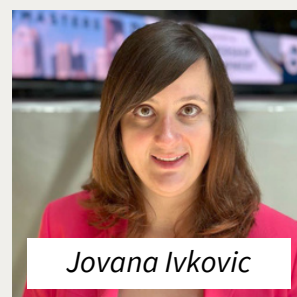
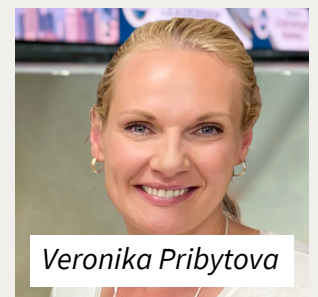
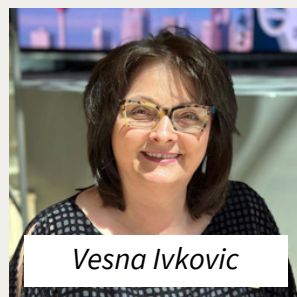
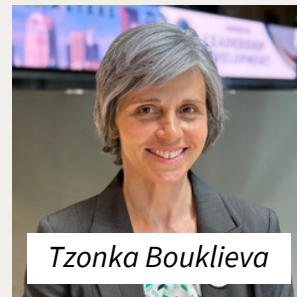
COMPLETED PATHWAYS LEVELS

Congratulations to the following members on completing their Pathways levels.

- Twila Tayfel - Level 5 (*Dynamic Leadership*)
- Patrick Chagonda - Level 1 (*Dynamic Leadership*)
- Twila Tayfel - Level 2 (*Presentation Mastery*)
- Eva Sefcova - Level 3 (*Motivational Strategies*)
- Leena Alex - Level 1 (*Presentation Mastery*)



MEET OUR NEW EXECUTIVE MEMBERS



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TOASTMASTERS CORE VALUES

RESPECT ~ INTEGRITY
SERVICE ~ EXCELLENCE

Respect means understanding that each member is unique.

Integrity means living up to the Toastmasters promise.

Service means stepping up when required to help the club function for the benefit of all members.

Excellence means performing assigned duties to the best of our ability every time.

IMPORTANT MESSAGE



easy-Speak Guide

Most Toastmasters clubs use easy-Speak to manage their meetings, keep track of member's progress and schedule speeches and roles. Starting in **September 2023**, the Calgary Pace Setters will switch from TurboBase to easy-Speak. This guide will help you learn your way around **easySpeak**. Click on **THIS LINK** to explore further.

QUICK TIPS

TOASTMASTER

The Toastmaster hosts and conducts the meeting, introduces speakers and keeps the meeting moving. This role is typically reserved for experienced members who are familiar with the club and its procedures.

What skills will I develop by serving as a Toastmaster?

- Organization
- Time management
- Public speaking

More information on the **Toastmasters Form**



CHAIRPERSON

The Chairperson leads the meeting. The main duty of the Chair is to ensure that the meeting runs according to the agenda. At each point in the agenda, the Chairperson will introduce the new role.

What skills will I develop by serving as a Chairperson?

- Organization
- Time management
- Public speaking

To prepare for this role use the **Chairperson Role Form**

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