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**TOASTMASTERS**  
**PATHWAYS**  
— learning experience —



# PATHWAYS

## Handbook

Calgary Pace Setters



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# Welcome to Pathways

The Pathways learning experience offers an interactive and adaptable educational program unlike any other. Designed to enhance your communication and leadership abilities, it supports your journey toward personal and professional achievement - all while enjoying collaboration with others! Embark on this exciting adventure and benefit from:

- The chance to develop over 300 unique skillset competencies
- Six specialized learning paths
- Online content, allowing you to learn anytime, anywhere
- Real-world, transferable skills
- Content available in Arabic, English, French, German, Simplified Chinese, and Spanish.

Pathways lets you learn at your own pace, supported by your club, your mentor, and a global community of members who are also growing their skills one project at a time.

# Section 1:

## Getting Started

- 1. Logging Into Toastmasters International** *You'll access everything through the Toastmasters International website using your member login.*
- 2. How Pathways Works (Quick Overview)** *Every path includes five levels, each with projects that strengthen different skills.*
- 3. Navigating to Base Camp** *Base Camp is your online learning hub where you open projects, track progress, and download materials.*
- 4. Selecting Your First Path** *Choose a path that aligns with your goals—whether improving confidence, storytelling, leadership, or humor.*

To begin, you'll complete an online assessment designed to help you choose the path that best aligns with your goals and interests. From there, you'll have the option to explore these six available paths:



Paths & Core Competencies



[\*\*Choose A Path\*\*](#)

## PATHS AND PROJECTS

*Click on the Pathways Logo for more information.*



Dynamic Leadership



Engaging Humor



Motivational Strategies



Persuasive Influence



Presentation Mastery



Visionary Communication

# Section 2:

## Understanding Path Levels

Level 1 – Fundamentals

Level 2 – Understanding Your Style

Level 3 – Increasing Knowledge (Electives Start Here!)

Level 4 – Building Skills

Level 5 – Demonstrating Expertise

### Level 1

*In Level 1 of your path, you learn key speaking skills through speech projects and meeting roles. These experiences help you feel more confident and give you a better understanding of the Toastmasters journey.*

### Level 2

*This level further builds your awareness of meeting roles, strengthens your language and leadership skills, and helps you grow more confident in supporting your club. You'll take on roles that require more speaking while continuing to build your foundation.*

### Level 3

*This level expands your focus to planning, persuasive speaking, and leadership presence. You'll be introduced to the Successful Club Series, adding a new layer to your Toastmasters experience.*

### Level 4

*At this level, you begin to lead more complex meetings and support others as they work toward their goals. You'll also be introduced to the Better Speaker Series, which helps you expand your speaking skills and grow as a leader.*

### Level 5

*In this level, you will show the communication and leadership skills you've developed through your Pathways journey. You'll take on advanced projects in leadership, mentoring, and meeting management. This level is the final step before completing your path.*

# Section 3:

## Completing Your Projects

- **How to Begin a Project in Base Camp:** *Open a project, watch the intro video, and review the objectives before you start.*
- **Reading Your Project Materials.** *Each project includes slides, worksheets, and examples to help you prepare.*
- **Preparing for Your First Speech (Ice Breaker)** *Share your story, your experiences, and what brought you to Toastmasters.*
- **Delivering Your Project at a Meeting** *Present your speech during a meeting and gain experience in a supportive environment.*
- **Receiving and Using Feedback** *Evaluations help you understand your strengths and where you can grow.*
- **Completing the Post-Assessment** *A short self-review helps you reflect on what you learned.*
- **Marking Your Project as Complete** *Once finished, mark the project complete so it counts toward your level progress.*



**CLICK  
HERE**

**Base Camp**

# Section 4: Electives

- **What Electives Are and How They Work:** *Electives are optional projects that let you customize your learning experience.*
- **Popular Elective Examples** *Topics include using visual aids, storytelling, podcasting, social media, and project management.*
- **Choosing Electives That Fit Your Goals** *Pick electives that help you advance at work, improve your leadership, or explore new skills.*

## Level 3 Electives

**Choose 2 of the following:**

- *Active Listening*
- *Connect with Storytelling*
- *Connect with Your Audience*
- *Creating Effective Visual Aids*
- *Deliver Social Speeches*
- *Effective Body Language*
- *Focus on the Positive*
- *Inspire Your Audience*
- *Know Your Sense of Humor*
- *Make Connections Through Networking*
- *Prepare for an Interview*
- *Understanding Vocal Variety*
- *Using Descriptive Language*
- *Using Presentation Software*
- *Researching and Presenting*

## Level 4 Electives

**Choose 1 of the following:**

- *Building a Social Media Presence*
- *Create a Podcast*
- *Manage Online Meetings*
- *Manage Projects Successfully*
- *Managing a Difficult Audience*
- *Public Relations Strategies*
- *Question-and-Answer Session*
- *Write a Compelling Blog*

## Level 5 Electives

**Choose 1 of the following:**

- *Ethical Leadership*
- *High Performance Leadership*
- *Leading in Your Volunteer Organization*
- *Lessons Learned*
- *Moderate a Panel Discussion*
- *Prepare to Speak Professionally*





# Section 5:

## Support & Mentorship

- **Working With Your VP Education:** Your VP Ed helps you schedule speeches, understand Pathways, and track your progress.
- **How to Request a Mentor** Every member can have a mentor who supports them through speeches and Pathways.
- **How a Mentor Supports Your Pathways Journey** Mentors guide your speech preparation, help you navigate Base Camp, and boost your confidence.
- **Questions to Ask Your Mentor** Ask about speech tips, project choices, club roles, and how to grow faster in Toastmasters.
- **Schedule Your Speech** - Click on the link below to schedule your speech on EasySpeak



**EasySpeak**

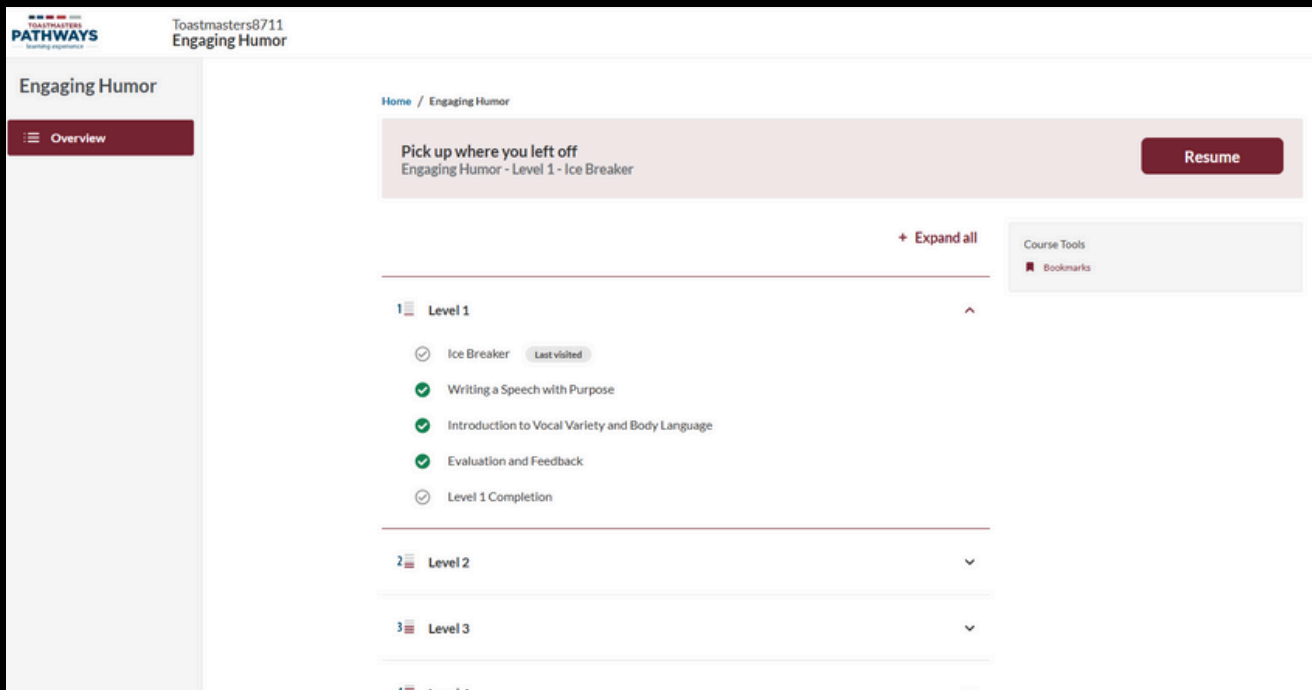




# Section 6:

## Tracking Your Progress

- **Understanding Your Base Camp Dashboard** *The dashboard shows your completed projects, upcoming levels, and feedback history.*
- **Downloading Evaluation Forms** *Download and send your evaluator the correct form before each speech.*
- **Checking Level Completion** *Once all projects in a level are done, you can submit the level for approval.*
- **Submitting Level Completion to VP Education** *Your VP Ed approves your level in Base Camp so it appears in club records.*



Congratulations! Every project is a step closer to your educational award. Keep learning, keep growing!

# Section 7:

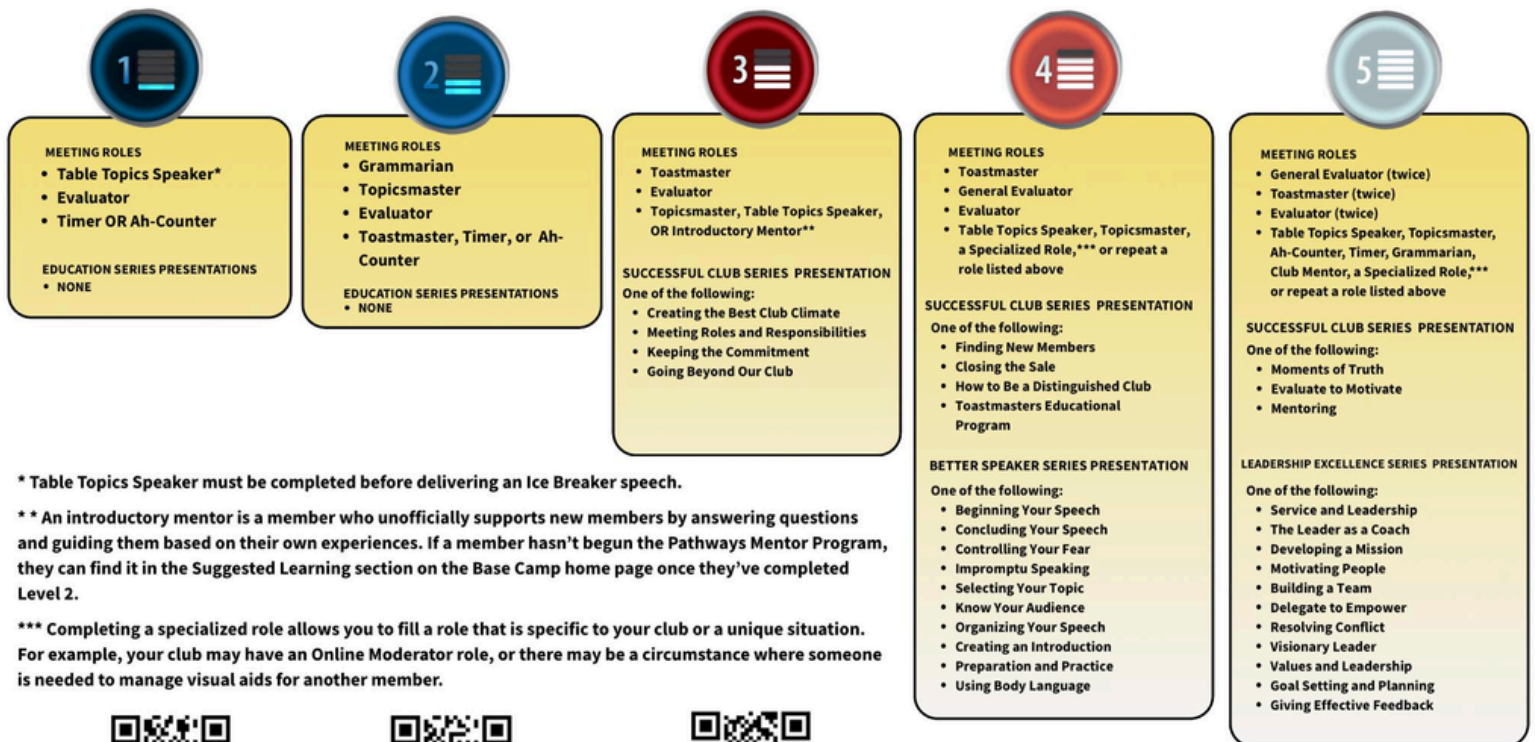
## Meeting Roles Required for Each Level

### How It Works

- Roles must be completed within the level you're working on.
- Log all roles in Base Camp → Meeting Roles.
- Club officers verify roles before approving the level.



## PATHWAYS ENHANCEMENTS



\* Table Topics Speaker must be completed before delivering an Ice Breaker speech.

\*\* An introductory mentor is a member who unofficially supports new members by answering questions and guiding them based on their own experiences. If a member hasn't begun the Pathways Mentor Program, they can find it in the Suggested Learning section on the Base Camp home page once they've completed Level 2.

\*\*\* Completing a specialized role allows you to fill a role that is specific to your club or a unique situation. For example, your club may have an Online Moderator role, or there may be a circumstance where someone is needed to manage visual aids for another member.



SUCCESSFUL CLUB SERIES



BETTER SPEAKER SERIES



LEADERSHIP EXCELLENCE SERIES

# Section 8:

## Beyond Your First Path

- **Choosing Your Next Path** *After finishing a path, you can continue learning by selecting another one.*
- **Applying Your Skills Outside Toastmasters** *Use your improved communication and leadership abilities at work and in your community.*
- **Taking On Club Leadership Roles** *Roles like VP Education or President help you gain hands-on leadership experience.*
- **Working Toward Your DTM** *The Distinguished Toastmaster award represents Toastmasters' highest achievement.*
- **Continuing Your Learning Journey** *Pathways is ongoing—there's always another skill to build and another goal to reach.*

