



START YOUR JOURNEY



TO BECOME A CONFIDENT COMMUNICATOR & LEADER



ABOUT US

Calgary Pace Setters Toastmasters

is part of a worldwide nonprofit organization dedicated to helping people improve their public speaking and leadership skills. With clubs in more than 140 countries, Toastmasters has been supporting members since 1924 in becoming more confident communicators and leaders. Our club carries on that mission here in Calgary by providing a welcoming and supportive space where people can practice, learn, and grow at their own pace.



280,000

MEMBERS AROUND THE GLOBE



We provide a consistent club meeting experience that focuses on building your public speaking & leadership skills.



WHAT DO WE DO?

We meet every **Tuesday** evening from **7:15 pm to 9:00 pm**.

Members practice delivering prepared as well as impromptu speeches and receive feedback.



THE CLUB MEETING



Our Club meeting is split into 3 parts.



PREPARED SPEECHES: In this segment, club members prepare and deliver 5 to 7 minute speeches derived from the Pathways Education Program. Delivering speeches counts as credits towards the Education program.



IMPROMPTU SPEECHES: In this segment, club members and guests attempt speaking off-the-cuff on any topic that is presented by the "Table Topics Master". Speeches are for 1 to 2 minutes. Impromptu speaking improves our critical thinking skills.



FEEDBACK: This is the critical part of any Toastmaster meeting. Speakers and role players are provided feedback on how well they performed, and offer areas of improvement. Continuous feedback and learning is the heart of the Toastmaster journey.



PATHWAYS



EDUCATION PROGRAM



PUBLIC SPEAKING

Overcome the fear of speaking in front of a large gathering. Create an impact during your speech.



TEAMWORK

Learn to organize and complete projects as a team and conduct effective events.



LEADERSHIP

Build leadership skills by taking up a leadership position in the club, and beyond.



TIME MANAGEMENT

Improve your time management skills by taking up roles in a meeting (Timer, master of ceremonies etc.)

The Pathways learning experience is Toastmasters' education program. This multi-language online learning tool allows you to leverage over 300 practical workplace skills, including:

OUR



TEAM



TWILA TAYFEL

Club President



JAMES SHAN

Vice-President Education



TOVA LEVEILLE

Vice-President Membership



MARYKNOLL BADANA

Vice-President Public Relations



MELANIE SENEVIRATNE

Treasurer



LUKNAM WANGKHIREE

Secretary



JOSH BOLD

Sergeant-At-Arms



OUR SOCIAL MEDIA CHANNELS



Facebook

Calgary Pace Setters Toastmasters Club

Join our Facebook page to get all the updates, news, and keep up with upcoming events and meetings.



Instagram

Calgary Pace Setters

This is where we showcase our club members and their achievements to our followers.



LinkedIn

Calgary Pace Setters Toastmasters Club

Discover valuable resources on public speaking and leadership on our LinkedIn page, where we share details about upcoming meetings and special events.



YouTube

Calgary Pace Setters Club

We regularly upload our club meeting highlights, educational workshops, and Toastmasters related training videos on our YouTube channel.



We engage with our audience across various social media platforms. Come and connect with us!

READY TO JOIN?



*Reach out to our Vice President Membership
and fill out the [Application Form](#).*

*Our monthly fee is just CAN \$30, plus a one-time
registration fee of CAD \$35.*

*You get access to the best education content on public
speaking and leadership building skills; plus a club of
experienced Toastmasters who are committed to supporting
you every step of the way.*



CALL/TEXT 403-681-2819 OR SCAN QR CODE